

SUMMIT ENT ASSOCIATES

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CPAP Maintenance and Care

Proper care of your CPAP device and mask system helps ensure that you receive optimal therapy. To increase the life of your machine and ensure that it continues to function well, air filters should be changed regularly. A blocked air filter may hinder the unit's ability to deliver accurate treatment pressure. The mask frame, cushion, headgear, and hoses should be kept clean so that the mask continues to provide a quality seal and to ensure good quality hygiene. Below you will find a schedule of information on cleaning and replacement frequency for your unit. If you have any questions or concerns regarding your CPAP, please feel free to call us.

Equipment	Cleaning Frequency	Instructions	Disinfecting Frequency
Non-Disposable Filters	Weekly	Mild soapy water, let air dry	Not required
Disposable Filters	Change as needed 1 to 2 months	Do Not Wash	Not required
Hose	Weekly	Mild soapy water, let air dry	Not required
Mask/Nasal Pillows	Daily	Mild soapy water, let air dry	Once a week
Headgear	As needed	Mild soapy water, let air dry	Not Required
Humidifier	Daily	Empty water daily, Mild soapy water, let air dry	Once a week
CPAP Unit	As Needed	Dust with damp cloth, no detergents or sprays	Not required

CPAP/BIPAP Supply	Replacement Frequency
Full face Mask Frame	1 every 3 months
Full Face Mask Cushion	2 every month
Nasal Mask Cushion	2 every month
Nasal Pillows	2 every month
Nasal Pillow Frame	1 every 3 months
Headgear	1 every 6 months
Chin Strap	1 every 6 months
Tubing	1 every month
Disposable Filter	2 every month
Oral Mask	1 every 3 month